



Autonomy Therapy
601 Farley Drive, Austin, TX 78753
hello@autonomytherapytx.com
(512) 387-1398

Clinical Therapist Job Description

Position Overview: The Clinical Therapist will provide full-time, outpatient individual, couple, and (optional) group counseling to clients of Autonomy Therapy. Clinical therapy services include treatment of children, adolescents, adults, partners and/or families.

About the Practice: Autonomy Therapy provides a supportive and holistic space for clients to heal their relationship with themselves - physically, mentally, and emotionally. We offer accessible therapy, virtual courses for clients and clinicians, associate therapist supervision, and inclusive resources and referrals in order to cultivate ample opportunities for our clients and community to learn, heal, and grow. Our practice is rooted in Health at Every Size® principles, and we work to prioritize inclusivity and social justice work in each service, interaction, and referral that we provide.

High quality client care starts with our clinicians and our team culture. We consistently strive to show up as our most authentic and connected selves in our work and our relationships. We seek therapists to join our team who value taking initiative, accept direct feedback as opportunities for growth, and who are dedicated to continued education. We are passionate about creating opportunities for systemic change, and we are committed to providing ample opportunities for clinicians and clients alike to engage in long-lasting change.

Our Values: The work that we do at Autonomy Therapy is guided by a framework of essential values that define who we are as a team and what we're able to offer to our community. We believe that it is our responsibility to support our clients in identifying both inherent strengths, as well as the limiting constraints that may be holding them back from showing up as their truest, most authentic selves. In this way, we encourage clients to meet themselves *where* they are, so that they may become comfortable taking up space just *as* they are.

We do this by leading with the following values:

Curiosity

We challenge criticism and judgment by helping our clients to consistently create a “context” for their thoughts, feelings, and behaviors.

Empathy

We cannot ever fully understand what it is like to *be* our clients, yet, we can sit with them and share difficult moments to soothe the burden of clients carrying these alone.

Competence

We seek growth in existing areas of specialization, as well as pursue knowledge in new areas to show up as our most educated and inquisitive selves.

Openness

We seek team members who are receptive to collaboratively exploring new ideas, holding space for dissenting opinions, and carving out space for different realities/narratives when reacting to a challenging situation

Accountability

From leadership to clinicians, all team members are expected to actively seek opportunities to take responsibility for their needs, desires, choices, and growth; we know that how we authentically show up in our own lives is undoubtedly what we’ll bring into our work with clients, team, and greater community.

Presence

We prioritize the relationships we have by foregoing personal agendas in order to remain mindful and present.

Connection

We aspire to cultivate secure, authentic, and compassionate relationships to promote safety, validation, and trust in our intra- and interpersonal relationships.

Our Vision

(What we strive for): A world in which people are seen, valued, and respected both intra- and interpersonally by *who they are* as opposed to what their bodies *look like*.

Clinical Therapist Duties/Responsibilities:

- Provide virtual and on-site clinical counseling services to clients of Autonomy Therapy, as scheduled, and in accordance with company policies.
- Regular and reliable attendance, timely arrival to work, and prompt communication (24-business hours) is required.
- Verify insurance benefits and eligibility prior to client sessions to confirm coverage.
- Be properly licensed and abide by all laws, rules, regulations, and codes of ethics that are binding upon or applicable to the services performed for Autonomy Therapy.
- Respond to client calls and email within 24-hours.
- Communicate with a client's treatment team (i.e., PCP, psychiatrist, Registered Dietitian, Personal Trainer, etc.) as necessary in a timely manner.
- Timely completion of written records for each client, with client files accurate and up to date.
- Maintain the agreed upon minimum caseload in addition to administrative duties as assigned provided such sessions are available and referred/scheduled by Autonomy Therapy.
- Passion for collaborating with Autonomy team members, as well as helping our team members to grow and learn.
- Participating in community outreach, networking, continuing education, and attending events.
- Other duties as may be assigned.

Reports to: Shannon Hafterson, LPC, Practice Manager

Qualifications and Skills:

- Align with Autonomy Therapy mission, vision, and values.
- Master's Degree in counseling or social work.
- Active license (LCSW, LMFT, LPC or those provisionally licensed) in the State of Texas. A copy must be provided to Autonomy Therapy. Associates must be actively supervised and within 1-3 months of full licensure.
- Available to hold at least the minimum agreed upon caseload as well as make efforts to attend weekly consultation sessions.
- Ability to adhere to HIPAA and office policies regarding confidentiality.
- Flexible schedule and ability to work some evening/weekend hours.
- Be organized, detail-oriented, motivated, and punctual.
- Be able to work collaboratively and independently as needed.
- Have strong written and verbal communication skills and strong interpersonal skills as well as commitment to dialoguing about any interpersonal issues effectively.
- Prior clinical mental health personal and professional experience preferred.
- Have at least one niche market for counseling services (ex: trauma, children, couples, grief, eating disorders, etc.).

You are an ideal fit for our practice if you:

- Are looking for a place to learn and grow with a team long-term - not just a place to finish your hours or try a new side hustle.
- If you reviewed our social channels, our website, blogs, etc, and found yourself feeling excited and inspired by our mission, vision, and values.

- Strive for inclusivity, are passionate about social justice work, and desire to make long-term systemic change.
- Align with systemic therapy models and practice from a HAES-informed lens.
- Feel strongly about therapeutic accessibility; fully licensed therapists will become paneled on insurance (we take care of this for you!).
- Recognize how your personal therapeutic work impacts your professional work, and be consistently pursuing your own therapy and self-help work (using books, podcasts, etc).
- Regularly seek dialogue about clinical work and case consultation in order to inspire personal and professional growth.
- Actively integrate self-care into your daily routine, including time boundaries and prioritizing rest.

Benefits:

- Competitive compensation and W-2 employment
- Wellness stipend and PTO for full-time employees
- Professional Liability Insurance
- Comprehensive virtual onboarding with initial onboarding stipend
- Annual education stipend and collaborative learning opportunities
- 401k enrollment and education loan at 1-yr
- Consistent stream of referrals and marketing handled by the practice
- Integration into a supportive, systemic change-making community
- Administrative support - including handling the majority of initial consultations for new clients, billing, and biweekly payroll

- Flexible hours
- Ability to see clients virtually and in-person as desired
- All overhead covered (including EHR system, video software, furnished office space, decor, books, marketing materials, and all office supplies needed)
- Strong support of clinical work by regular consultation and ample continuing education opportunities
- Abundant social gatherings and access to group practice library
- Opportunities for growth using creative outlets provided by Autonomy (i.e. Virtual Courses + specialty groups)
- Employer portion coverage of: Social Security, unemployment insurance, and workman's company insurance

Application instructions:

For consideration, please complete [this application form](#).

Autonomy Therapy is committed to honoring accessibility and inclusivity on our team, in our clientele and within our community. We do not discriminate based upon ethnicity, race, gender, sexual orientation, gender identity, relational orientation, age, religion and abilities.
